

Akanthus Experience 2019
2/6/2019
5K

RANK	BIB	ATHLET	TEAM/SPONSOR	CAT	TOTAL TIME
1	242	VASILIKI KOUVELI	Pao	W5 50-59	01:07'09"543
2	232	GEORGE FIRFILIONIS	cb bikini lovers	M4 40-49	01:07'53"226
3	215	GEORGE KARATHANASIS	swimming club	M3 30-39	01:07'53"398
4	244	ARTEMIS ZARKADOULA		W2 19-29	01:11'21"040
5	249	CHRISTINA GONIDI	KYRIAZOPOYLOS TEAM	W2 19-29	01:14'37"585
6	243	LYDIA PAPANDREOU	OKEANOS A.O.	W4 40-49	01:14'55"772
7	211	KOSTAS DAMIGOS		M4 40-49	01:15'16"466
8	236	STYLIANOS STRATOS	independent	M3 30-39	01:15'21"466
9	277	ΑΓΓΕΛΟΣ ΜΑΛΙΟΣ		M4 40-49	01:18'22"820
10	248	EMILY VALMA	NOK	W1 13-18	01:20'12"127
11	223	GEORGIOS KARAMOLEGKOS		M5 50-59	01:21'47"314
12	218	THEODOROS KATRANTSIOTIS	Palaimon	M5 50-59	01:22'06"441
13	238	THEODOSIS LAMPROPOULOS		M3 30-39	01:22'07"494
14	256	SOFIA POLYZOU	Ilioupolis swim team	W4 40-49	01:22'20"834
15	222	PROKOPISAKIS PAGKRATIS	NAOK	M4 40-49	01:23'28"659
16	237	ALEXANDROS MERKOURIS		M4 40-49	01:24'26"163
17	240	VASSILIS COSMATOS	pureluck	M3 30-39	01:25'11"563
18	213	ARISTEIDIS KARAMPAS	aopf	M5 50-59	01:25'41"285
19	234	ALEXANDROS GANGADIS		M5 50-59	01:28'38"479
20	257	ALEX SCARLATOU		W3 30-39	01:28'47"786
21	255	AGGELIKI PAPASPYROU		W4 40-49	01:28'57"340
22	212	DIMITRIOS ZYGOMALAS	SWIMMING CLUB.GR	M4 40-49	01:30'32"425
23	269	ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΑΝΤΟΣ		M3 30-39	01:31'57"540
24	230	PANOS ALEXANDROU		M5 50-59	01:32'06"200
25	247	XRISTINA XEILA	KYRIAZOPOYLOS TEAM	W3 30-39	01:32'33"501
26	216	AXILLEAS POULIOS	KYRIAZOPOYLOS TEAM	M4 40-49	01:32'46"195
27	285	ΣΤΑΥΡΟΣ ΧΡΙΣΤΟΦΥΛΛΟΠΟΥΛΟΣ		M4 40-49	01:35'05"923
28	241	HERACLES MOSKOFF		M4 40-49	01:35'28"473
29	245	IOANNA KALLIMACHOU	rACEFINDER.GR	W3 30-39	01:35'34"164
30	235	STELIOS KONSTANTINOU	SNAILS THAT TRI	M5 50-59	01:36'53"300
31	226	ANGELO KALOGEROPOULOS	baltiza iron - swimming club	M5 50-59	01:38'40"245
32	64	GEORGE STAMOULIAS	WESWIM	M4 40-49	01:38'50"107
33	224	ANGELOS KOUTRAS	MEDICAL TEEM cyclades	M6 60+	01:39'00"180
34	233	ATHANASIOS TRIANTAFYLLOU		M2 19-29	01:40'53"269
35	252	SOFIA GALIOTOU	SWIMMING CLUB GR	W4 40-49	01:45'17"793
36	246	ERI MANTZOURANI	Redstar	W5 50-59	01:50'12"781
37	214	CHRISTOS TSORTANIDIS		M2 19-29	01:51'30"230
38	217	PANAGIOTIS NEIROS	Swimmingclub.gr	M3 30-39	01:52'01"289
39	251	PENELOPE OTAPASIDOU		W5 50-59	01:54'22"099
40	231	ALEXANDROS PANOUTSAKOPOULOS		M4 40-49	01:54'43"849
41	254	MARIA KITRA	swimming club	W4 40-49	01:54'44"985
42	227	DIMITRIS DOUNIAS		M4 40-49	01:55'21"154
43	219	STATHIS TZOUVARAS	swimmingclub.gr - ns coaching	M4 40-49	02:14'33"233
DNF	272	ΕΥΑΓΓΕΛΟΣ ΜΠΑΚΕΑΣ		M2 19-29	00:30'28"341
DNS	210	CHRISTOS NTOURZIOTIS	SWIMLIFE	M4 40-49	00:00'00"000
DNS	225	PANOS DDIMOU		M4 40-49	00:00'00"000
DNS	228	NIKOS ATHANASSIOU	Swimmingclub	M4 40-49	00:00'00"000
DNS	250	SOFIA PANOUSI	we swim	W6 60+	00:00'00"000